

2008 First Annual Liz Wagner Fastpitch Camps (EAW LLC)

This summer, Oneonta State Softball Head Coach, Liz Wagner, will be holding her First Annual Liz Wagner Fastpitch Camps. Skill instruction will be provided by the OState softball coaching staff as well as current and former OState softball players. Week one will consist of four separate skill specific clinics held over three days while week two will be a three day commuter camp; multiple players from a particular team are encouraged to attend together. Campers from grades 4 – 12 are welcome. For safety purposes athletes will be grouped appropriately.

Each athlete will receive a camp T-shirt and an official NCAA Championship Worth softball.

The details of the camps/clinics are as follows:

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| WEEK 1: | Skill Specific Clinics | |
| Thursday, May 29 th | 4:00pm – 7:00pm | Fastpitch for Beginners (basic pitching & overhand throwing mechanics) |
| Friday, May 30 th | 4:00pm – 7:00pm | The Art of Outfield Play (including the basics of throwing and fielding) |
| Saturday, May 31 st | 9:00am – 11:30pm | The Complete Offensive Player (hitting, bunting, baserunning & sliding) |
| | 11:30pm – 12:30pm | (Lunch provided for both morning and afternoon session athletes) |
| | 12:30pm – 3:00pm | Intermediate & Advanced Pitching (mechanical overview, learning different pitches) |

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| Week 1 Cost: | 1 session only (\$75 per athlete) |
| | 2 sessions for the same athlete (\$135 total) |
| | 3 sessions for the same athlete (\$175 total) |

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| WEEK 2: | Skill Development for the Well-rounded Fastpitch Player (itinerary sent to athletes once enrolled) | |
| Thursday, June 5 th | 4:00pm – 7:00pm | Session 1 |
| Friday, June 6 th | 4:00pm – 7:00pm | Session 2 |
| Saturday, June 7 th | 9:00am – 12:00pm | Session 3 |
| | 12:00pm – 1:00pm | (Lunch provided) |
| | 1:00pm – 3:30pm | Session 4 |

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| Week 2 Cost: | 3-Day Camp (\$250 per athlete) |
| | 3-Day Camp with 3 or more players from the same school (\$225 each) |
| | 3-Day Camp with 5 or more players from the same school (\$200 each) |

Please contact Liz Wagner for more information at 607 436-3590 or email at eaw17@hotmail.com. Feel free to check out Coach Wagner's bio at the following link: <http://www.oneonta.edu/academics/athletics/softball/staff/default.asp>

Camp brochures (registration forms) will be mailed to area coaches shortly and will also be available online.