

WEEK 1: *Check appropriate boxes*
Skill Specific Clinics (4 separate clinics)

Thursday, May 29th
4:00pm – 7:00pm
Fastpitch for Beginners
(basic pitching & overhand throwing mechanics)

Friday, May 30th
4:00pm – 7:00pm
The Art of Outfield Play
(including the basics of throwing/fielding)

Saturday, May 31st
9:00am – 11:30pm
The Complete Offensive Player
(hitting, bunting, baserunning & sliding)

11:30pm – 12:30pm
(Lunch provided for both morning and afternoon session athletes)

12:30pm – 3:00pm
Intermediate & Advanced Pitching
(mechanical overview, learning different pitches)

Week 1 Cost:

- 1 session only (\$75 per athlete)
- 2 sessions for the same athlete (\$135 total)
- 3 sessions for the same athlete (\$175 total)

WEEK 2:
Skill Development for the Well-rounded Fastpitch Player

Thursday, June 5th
4:00pm – 7:00pm Session 1

Friday, June 6th
4:00pm – 7:00pm Session 2

Saturday, June 7th
9:00am – 12:00pm Session 3

12:00pm – 1:00pm (Lunch provided)

1:00pm – 3:30pm Session 4

Week 2 Cost:

- 3-Day Camp (\$250 per athlete)
- 3-Day Camp with 3 or more players from the same school (\$225 each)
- 3-Day Camp with 5 or more players from the same school (\$200 each)

"HARD WORK BEATS TALENT
WHEN TALENT REFUSES TO
WORK HARD."

**2008
FIRST
ANNUAL**

**LIZ WAGNER
FASTPITCH
CAMPS**



Skill Clinics: **May 29, 30, & 31**

Team Camp: **June 5 - 7**

**Softball Players
Grades 4 - 12**

"A POSITIVE ATHLETE IS A
WINNER EAGER TO PERFORM."

Oneonta, NY

2008 First Annual Liz Wagner Fastpitch Camps (EAW LLC)

This summer, Oneonta State Softball Head Coach, Liz Wagner, will be holding her First Annual Liz Wagner Fastpitch Camps. Skill instruction will be provided by members of the OState softball coaching staff as well as current and former college softball players.

Before joining the Athletic Department at Oneonta State, Wagner served as an assistant coach at Division I Harvard University in Boston during the 2003 and 2004 seasons. Prior to that she spent the 2002 season as the graduate assistant softball coach at Troy University in Alabama, also a Division I program.

Wagner worked primarily with pitchers and outfielders at both schools while also assisting in practice planning, conditioning of athletes, game management, and office administration. While serving as a G.A. at Troy University she worked on her Masters of Business Administration degree (MBA) which she later completed in 2004.

A 1993 graduate of nearby Sidney Central School, Wagner earned an athletic scholarship to play softball for the University of Massachusetts at Amherst. She graduated from UMass in 1998 with a Bachelor's degree in Environmental Design and a concentration in Architecture. Wagner and her UMass teammates won four Atlantic-10 Conference Championships and captured two NCAA Northeast Regional Titles. During her junior and senior seasons she and her teammates competed in the Division I Women's College World Series (WCWS) in Oklahoma City, finishing amongst the top 8 teams in the nation.

In 1999 Wagner had a stint playing professional softball in Parma, Italy for Robuschi Softball of the Italian Federation of Baseball and Softball where she pitched and played first base. She had the opportunity to compete against players from Italy, Australia, Japan, and China, to name a few.

For further information, contact:
Liz Wagner, Camp Director

email: eaw17@hotmail.com
607-436-3590

Check out the **Oneonta State Softball**
website at the following link:

[http://www.oneonta.edu/academics/
athletics/softball/](http://www.oneonta.edu/academics/athletics/softball/)



TO REGISTER:

Sign and return completed application with a
check payable to:

EAW LLC

c/o Liz Wagner, Head Softball Coach
201 Chase Physical Education Building
Oneonta, NY 13820

**Camps and clinics will be held up on the Red
Dragon Softball Field on Blodgett Drive on the
Oneonta State campus.**

Each athlete will receive a camp T-shirt and an
official NCAA Championship Worth softball.

Registration Form

Name _____

Phone _____

Address _____

City _____ State _____

Zip _____ Email: _____

Age _____ Cell _____

Make check payable to:

EAW LLC check# _____

1. I am the parent/guardian of the above named child, who wishes to participate in the Liz Wagner Fastpitch Camp

2. It is my intention by this statement to grant my permission to allow my child to participate and that I agree to assume risk for all injuries suffered by my child as a result of participation in activities during the camp.

3. I also agree to indemnify and hold harmless EAW LLC and any participating sponsors for any and all causes of action brought against them which are commenced by third persons alleging injuries, property damage or death arising from the acts of my child, whether negligent, malicious or intentional.

4. I hereby authorize the directors of the Liz Wagner Fastpitch Camp to act for me according to their best judgement in any emergency requiring medical attention.

Signature of Parent/Guardian

Date