State University College at Oneonta
Intramural Softball Rules

Players
1. A team shall consist of ten players; however, a team may start a game with as few as 9 players and must complete a game with 8 players. Starting a game with less than 9 players will constitute a forfeit.
2. The minimum roster in softball is 14 players.

Equipment
1. **ALL SOFTBALL BATS WILL BE PROVIDED BY THE INTRAMURAL OFFICE** (teams MAY NOT use their own bats).
2. Only “12’ Clincher” softballs will be used during games and will be provided by the Intramural Office.
3. **NO METAL SPIKES** are to be worn at any time. If spiked shoes are worn, they must be made of single construction plastic or rubber.
4. Players need to provide their own gloves.

The Game
1. A game is seven innings or one hour. No new inning will begin after 55 minutes during weekday games (spring only). For weekend games (co rec fall season) no new inning will begin after 1 hour and 10 minutes. Once the inning starts it must be completed.
2. A fifteen run rule will apply if 5 full innings or 41/2 innings if the home team is ahead will constitute a complete game.
3. No regular season games will be rescheduled due to rainouts.
4. Intramural workers will toss a coin to determine home team.
5. Games will be self officiated.
6. Rain – Field # 4 usually is rained out, Field # 3 may be playable – Check phone (3461) & Intramural website for updates.
7. Ground Rule Doubles – Field # 3, anything running up the hill from the Left Field Foul Line to the First Batting Cage Pole. After the pole it is “All That You Can Get”
8. Home Runs – Field # 3, past gravel warning track. Field # 4, over Fence

Rules
1. No bunting. Batter must make an effort on a full swing.
2. Each batter will be allowed 3 swings only (3 swing rule). If a player fouls off the third strike, it will constitute an out.
3. Pitchers are not allowed to used an arc over 10 feet. Fast pitching is not to be used.
4. There is NO strike zone, NO walks. Balls & strikes WILL NOT be called.
5. Free substitution will be allowed.
6. All players on the team are allowed to be in the lineup, even though they are not playing in the field.
7. Pinch runner will be allowed to be used in the event that an injury has occurred. The runner used will be the last out made in the inning.
8. No stealing
9. No leading completely off the base before the ball has been hit.
10. If a ball has been overthrown and is now out of play, runners will be awarded the base that they were going to, plus one base at the time the ball was overthrown (one + one).
11. **For co rec leagues, at least 4 women and 4 men needs to be in the lineup and on the playing field at all times, regardless of how many players a team will start a game. The remaining 2 players may be either women/men.**
12. **NO HEAD FIRST SLIDING – A PLAYER MAY ONLY TOUCH THE BASE WITH THEIR HAND AFTER THEY HAVE SLID FEET FIRST PAST THE BASE.**

Protests
1. Captain’s informs intramural worker that he/she wishes to play the game under protest.
2. Intramural worker records information
3. Game continues
4. Captain files written protest to Intramural Office within 24 hours of conclusion of contest.
5. The Commissioner’s committee will meet to determine outcome.
6. **ONLY protest of rule interpretations and eligibility will be permitted.**
7. The Intramural Office reserves the right to rule in any situation not covered in this supplement

*Highly recommended for catchers to wear the protective catcher’s mask*

**PARTICIPATION IN INTRAMURALS IS VOLUNTARY. SUNY ONEONTA IS NOT LIABLE FOR INJURIES SUFFERED BY PARTICIPANTS. ALL PARTICIPANTS ARE ADVISED TO HAVE PROPER MEDICAL COVERAGE BEFORE PARTICIPATING.**