

College at Oneonta
State University of New York

GREEK NEW MEMBER HANDBOOK



Published by the Office of Campus Life

Welcome to Oneonta's Greek Community

Congratulations on your decision to join a Greek organization! I hope that it will be a great experience, that will give you many wonderful memories. Being in a sorority or fraternity will allow you the opportunity to make new friends, get involved on campus, and develop leadership skills. I encourage you to get involved with your chapter, and not just attend meetings. Take on leadership positions to help yourself and your organization grow. Make an effort to get to know the people in the other chapters.

Remember that when you wear your letters or your badge you are representing Greek members everywhere, so take that opportunity to show everyone the positive aspects of Greek Life. Good luck with the rest of the semester.

Sincerely,

Angie Eichler
Greek Advisor

Congratulations on your decision to join a Greek-lettered organization! I hope that in deciding, you've found the organization that closely coincides with the ideals, values, and principles that make you who you are today. Being in a fraternity or sorority allows you to have a family outside of the one you grew up in, with the Inter-Greek Council put in place to serve as your community. As in any other community, you have the opportunity to make new friends, create wonderful memories, and most importantly develop leadership skills that will in-turn build up your community.

You should remember that being Greek is about recognizing our similarities while embracing the fact that we are all different and unique. So when you wear your letters wear it with pride and know that you represent more than yourself. Take this tremendous opportunity to show everyone the positive aspects of Greek Life. Good luck with the rest of the semester.

Sincerely,

Rafet Abdeljabbar
Inter-Greek Council President

Oneonta Inter-Greek Council

The Inter-Greek Council, otherwise known as the IGC, is the governing body for all the recognized sororities and fraternities on the SUNY Oneonta Campus. The focus of the IGC is to maintain and strengthen Greek relations as well as promote superior brotherhood, sisterhood, scholarship and leadership amongst its members. The IGC eboard meets Mondays at 8:15 pm.

The Executive board of the Inter-Greek Council is selected by the presidents of all the fully recognized organizations in good standing with the College and the IGC. Elections take place at the end of every spring semester. All the positions are held for a full academic year.

There are no GPA requirements to run for an IGC executive board position. We encourage all of you to step up and take a role as a leader on this campus; we believe that joining the Inter-Greek Council is the perfect opportunity to do so.

Greek Week

Saturday, April 19–Thursday, April 14

**All our Greek organizations adhere to the
Code of Rights and Responsibilities for
Greek Social Letter Organizations.**

This policy is published by the College and contains all rules and regulations that our chapters must follow. Included is the College's anti-hazing information, which is now consistent with New York State Law.

Inter-Greek Council Executive Board

President

Rafet Abdeljabbar
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Vice-President

Christina Manion
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Treasurer

Nicole Tapia
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Secretary

Marissa Katz
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Community Service/New Member Chair

Alexa Mann
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Scholarship

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Fraternity Recruitment

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Sorority Recruitment

AnneMarie Cucci
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Risk Management

David Lucas
Lucado16@suny.oneonta.edu

College at Oneonta Greek Organizations

Sororities

Mu Sigma Upsilon - ΜΣΥ

Founded at: Rutgers University
Installed at Oneonta: 2005
Colors: Baby Blue and White
Philanthropy: Ovarian Cancer National Alliance
President: N/A
Chapter Advisor: Venessa Rodriguez

Phi Sigma Sigma - ΦΣΣ

Founded at: Hunter College
Installed at Oneonta: 1989
Colors: King Blue and Gold
Philanthropy: National Kidney Foundation
President: Christina Manion
Chapter Advisor: Oscar Oberkircher

Sigma Delta Tau - ΣΔΤ

Founded at: Cornell University
Installed at Oneonta: 2004
Colors: Cafe au Lait and Old Blue
Philanthropy: Prevent Child Abuse America
President: Shannon Buckley
Chapter Advisor: Leslie Kinter

Pi Delta Chi - ΠΔΧ

Founded at: SUNY Oswego
Installed at Oneonta: 1960
Colors: Brown and White
Philanthropy: Breast Cancer
President: Samantha Wade
Chapter Advisor: Renee Walker

Sigma Sigma Sigma - ΣΣΣ

Founded at: Longwood College
Installed at Oneonta: 1999
Colors: Purple and White
Philanthropy: Robbie Page Memorial
President: Jaclyn Fettinger
Chapter Advisor: Tracey Betsinger

Sigma Gamma Phi - ΣΓΦ

Founded at: SUNY Brockport
Installed at Oneonta: 1894
Colors: Green, Gold and White
Philanthropy: Opportunities for Otsego
President: AnneMarie Cucci
Chapter Advisor: Christine Edwards

Chi Upsilon Sigma - ΧΥΣ

Founded at: Rutgers University
Installed at Oneonta: 2007
Colors: Red, Black, and Beige
Philanthropy: I Have A Dream Foundation
President: Cynthia Marino
Chapter Advisor: Dale Capristo

Lambda Theta Alpha - ΛΘΑ

Founded at: Kean University
Installed at Oneonta: TBA, currently a colony
Colors: Burgundy and Grey
Philanthropy: St. Judes
President: Rebecca Perez
Chapter Advisor: Pathy Leiva and Justin Brymn

Fraternities

Chi Phi - ΧΦ

Founded at: Princeton University
Installed at Oneonta: 2004
Colors: Scarlet and Blue
Philanthropy: Boy's and Girl's Club
President: Evan Grodzitsky
Chapter Advisor: Nat Bouman and April Harper

Phi Kappa Psi - ΦΚΨ

Founded at: Jefferson College
Installed at Oneonta: 2004
Colors: Hunter Green and Cardinal Red
Philanthropy: Boy's and Girl's Club
President: Kevin Shea
Chapter Advisor: Kyle Beckley and Lynne Talbot

Phi Beta Sigma - ΦΒΣ

Founded at: Howard University
Installed at Oneonta: 2006
Colors: Royal Blue and Pure White
Philanthropy: NAACP, National Urban League, United Way
President: Rilwan Ameen
Chapter Advisor: Robin Nussbaum

Alpha Phi Delta - ΑΦΔ

Founded at: Syracuse University
Installed at Oneonta: TBA, currently a colony
Colors: Royal Purple White
Philanthropy: No Set Philanthropy
President: Peter Donaghy
Chapter Advisor: Betty Wambui

Hazing

Nationally, the most detrimental occurrence that is happening to the Greek system today is the senseless act of hazing. Greek organizations have had to relinquish their charters, battle lawsuits, and watch their fraternity brother or sorority sister die because members think that hazing is acceptable.

Hazing is Illegal

The College at Oneonta has established clear policies regarding hazing and will investigate any suspicions of hazing by an individual or organization. If you are being hazed or you are aware that hazing is taking place, please contact the Greek Advisor, Angie Eichler, at x3591. You may also call the anonymous Hazing Hotline at x2410, then select option #2.

Are You Unsure If It's Hazing?

- Does this activity add to the worth and growth of the individual?
- Would you be willing to invite your organization's advisor, a faculty member, or parent to the activity?
- Would you be willing to go to court to defend the merit of this activity?
- Is this an activity in which new members and initiated members can participate equally?

If you answered NO to any of these questions, it is HAZING!

Please remember that you were asked to join the organization, you should not have to prove yourself by being hazed.

Respect is given, not earned!!

It's All Greek To Me! Greek Glossary

Active Member - An initiated undergraduate member of a Greek organization

Chapter - The campus group of a Greek organization

Greek Week - A week of fun events at the end of every spring semester. All Greeks participate to win prizes and bragging rights for the year.

Initiation - A formal ceremony in which new members take the vows of membership

Inter-Greek Council - The governing body for the College at Oneonta's Greek letter organizations

New Member - An undergraduate member who has accepted a bid to join a chapter but has not yet been initiated

Philanthropy - A charitable project sponsored by a particular fraternity or sorority.

Sister/Brother - A term used by active members when referring to each other

Sorority Total - The allowable chapter size, as determined by the College Panhellenic Council, this number includes both new members and initiated members. The sorority total for this college is 50. **Fraternities do not have total!**

Greek Banquet

Wednesday, April 27
Hunt Union Ballroom, 7 pm

Get Involved in the Greek Community

We encourage students to get involved in the Greek Community in order to get the most out of their fraternity or sorority experience. Here are a few ways to get involved.

Inter-Greek Council

The IGC is only as strong as its delegates. The IGC provides support to the member organizations through programs, events and service projects. Members of the IGC are given the chance to attend the NGLA (Northeast Greek Leadership Association) Conference to build leadership skills. Help the IGC grow, get involved!

Order of Omega

Order of Omega is a national Greek honor society. To be eligible for membership into Order of Omega you must have a 3.25 cumulative GPA and campus and community involvement. Order of Omega is a wonderful recognition to Greeks succeeding academically who are involved in the Oneonta community.

Greek Ambassadors

Being a Greek Ambassador means that you are the face of Greek Life. You will help students move in at the beginning of the fall semester and help spread positive PR about Greek Life. This position is for motivated people who are passionate about portraying Greek Life in a positive light.

Greek Gazette

The Greek Gazette is published twice a semester by the Office of Campus Life. It features stories related to Greek Life at the College at Oneonta. If you would like to write an article about your organization, an event, or issue, please visit the Office of Campus Life. It is located on the second floor of Hunt College Union.

Get Ahead With Time Management Skills

One of the biggest challenges that new members face is managing time due to the added responsibilities of being a Greek member. Please keep in mind that your academics should be your #1 priority while you are here at Oneonta. Here are a few tips that might make managing your time easier.

- Create a "To Do" list and assign priority to duties.
- Use a weekly planning guide. Schedule key events, projects and deadlines.
- Focus on your goals
- Know your peak times. Plan to work on your high priority tasks during this time.
- Find a place that is quiet and well-lit for studying.
- Learn to say NO. Let friends and visitors know that you are busy.
- Schedule a social time to achieve a balance between work and play.
- Control distractions. Turn off the TV, phone and radio.
- Tackle your hardest or most boring subjects first.
- Use time between classes or any other free time to study or read.
- Don't over commit! Spreading yourself too thin is not going to do you any good.
- Take care of yourself. Keep yourself on track, exercise and eat right.
- REWARD yourself when you have accomplished your goals!

This information was taken from "What Every Student Should Know About Time Management" by Channing Bete, Co. Inc, 1987

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