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**Do I need an appointment to be seen?**

In order to provide the optimal care, it is preferable to see students by appointment. Appointments are generally available within two business days. Walk-in clinic is available in the afternoon during time of high volume. Remember to always bring your student identification card and insurance card when you visit the Student Health Center.

**Can you explain my medical condition to my parents or guardians?** Yes, we can talk to your parents or guardian if we have your permission.

**What should I do if I am sick on the weekend?** If you feel your illness cannot wait until the student health center is opened on Monday you can go to one of two urgent care centers in town.

**Five Star Urgent Care** 607 376-5346  
open 7 day/week 8am-8pm 5001 NY-23  
(does not take NYS Medicaid at this time)

**Oneonta Convenient Care** 607 433-6400  
to schedule your same day or next day visit  
Mon-Fri 8am-7pm Sat & Sun 9am-4pm  
1 Associate Drive (must call for appoint)

**What do I do in a medical emergency?**

Fox Hospital is located five minutes from campus. Call 911 for a life threatening emergency. University police, 436-3550, can also be contacted to dispatch Oneonta State Emergency Squad. They are on duty most nights and weekends and are staffed by NYS EMTs and first responders. They operate similarly as your local emergency squad. Ambulance transport to the local ER is done by Oneonta City Fire Department and will bill your medial insurance for emergency transport.

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**What if I have emotional or psychiatric issues?** The student health center staff works closely with the counseling staff, in fact, we share the same building. We can refer students for a counseling evaluation and the counseling staff can refer students to the health center for a psychiatric medication evaluations. Medication for depression, anxiety and other mental health problems are sometimes recommended and can be prescribed by our health center staff.

**Do you treat alcohol and drug problems?** We can refer you to the counseling center for specialized drug and alcohol assessment, counseling, education and referrals.

**How do you help me get ready for a trip or semester abroad?** Try to make an appointment for an overseas physical at least 2-3 months before your trip. You will have a physical exam and discussion regarding such recommendations as immunization, malaria prophylaxis and other travel advice from the State Department.



**Can I please get a note to give to my professors?** It is the Student Health Center's policy not to issue notes for classes missed due to short-term illness or visits to the health center. It is the students' responsibility to communicate with faculty regarding missed classes and assignments. The health center staff will, with authorization from the student, be glad to verify the illness or injury if the faculty member wishes to call.

# SUNY ONEONTA

## Student Health Center

**Phone -** 607-436-3573

**Fax -** 607-436-2074

[http://www.oneonta.edu/  
development/health/](http://www.oneonta.edu/development/health/)

**Directions -** .5 miles west of Hunt  
Union on Ravine Parkway across  
from Hulbert Hall

### HOURS

Monday - Friday 8:00 am - 4:30pm



## Mandatory Health Information

NYS Public Health Law requires proof of measles, mumps and rubella immunization for all students born after 1957. Meningitis immunization status or a signed statement of declination of vaccination is also required. Students are not permitted to attend more than the first 30 days of class without complying with these laws.

A physical exam is not required for most students but all students must complete the health history on the on-line portal which can be accessed at

<https://patient-oneonta.medicatconnect.com/>

## How do I pay for care at the health center?



Most care is provided at no extra charge. Certain laboratory tests, medications and immunizations will carry extra charges and can be billed to your student account or can be purchased with Dragon Dollars.

## What is the Student Health Insurance fee?

All matriculated undergraduate students are billed for the college's health insurance plan (this is different than the health fee) on their initial semester bill each academic year. Any student who has other health insurance may opt out and have the charge removed. This insurance plan provides medical coverage or supplements private insurance. It is not required in order to use the student health center. Contact the student health center for further question or concerns or call the account manager at:

**Haylor, Freyer & Coon Account Manager**

**315-453-2164**

## What services are offered at the student health center? We offer a wide variety of services, such as:

Assessment and treatment of acute illness such as colds, sore throats, urinary tract infections and flu.

Nebulized Albuterol is available for students experiencing acute asthmatic symptoms.

Treatment and monitoring of chronic illness such as asthma, diabetes and hypertension.

Gynecological care including exams, pap tests and testing for sexually transmitted illness (STI). Birth control and emergency contraception are available at a low cost.

Confidential HIV counseling, (HIV testing is also available for a nominal fee.)

Care for men's genitourinary health issues and STI testing. You can request a male physician if you would feel more comfortable.

Cryotherapy (freezing) and other treatments for skin conditions such as warts.

Individual healthy lifestyle assessment and counseling provided in such issues as weight, sleep problems, nutrition, substance abuse, and safer sex.

Referrals to campus and community resources and local medical specialists.



## Is health education programming available?

Health education programs are regularly provided on campus and at the health center. Topics may include nutrition, safer sex, STI prevention and alcohol awareness. Our health educator is aided by a group of volunteer students known as C.H.O.I.C.E.S (Choosing Healthier Options in the College Environment Successfully). Students assist the office of health education with educational, awareness and social activities to promote wellness. C.H.O.I.C.E.S. free and confidential services are developed by students, for students.

**Do you have a pharmacy?** We have a limited pharmacy located at the health center. We carry a wide variety of commonly prescribed prescription and over-the-counter medication. There is a reasonable cost for medication such as birth control pills, emergency contraception, inhalers and certain antibiotics and vaccines. Most other medications are distributed without an extra charge. We are unable to fill prescriptions from home or local providers.

**Where are the nearest pharmacies if I need a prescription filled?** The nearest pharmacies are one mile away, both on Chestnut Street,

**Walgreens** 99 chestnut street (607) 433-5101

**Rite Aid** 94 Chestnut street (607) 432-7640



**Do you dispense antibiotics from your pharmacy?** Our health care providers are committed to the appropriate dispensing of all medications, including antibiotics. We adhere to established evidence based clinical

guidelines regarding appropriate use of antibiotics particularly in the management of respiratory infections. To learn more about these guidelines visit: Center for Disease Control

<http://www.cdc.gov/getsmart/antibiotic-use/index.html>

**Do you have a Laboratory?** We perform the following on-site laboratory tests without extra fees: mononucleosis, urinalysis, pregnancy tests and glucose testing. There is a small fee for HIV and flu testing. All other laboratory tests are sent to ACM lab or to A.O Fox Hospital Lab. A copy of the students health insurance card will be sent with the lab specimen. Any student requiring lab work, ordered by their primary health care provider, must have a written order before the specimen can be collected at the student health center.

**Can you do x-rays?** Students needing x-rays will be referred to A.O. Fox Hospital's radiology department.