

SUNY Oneonta ADHD Medication Policy

Students Seeking Medication for ADD/ADHD:

Stimulant medications (e.g. Ritalin, Adderall, Dexedrine, Vyvanse) are controlled substances that are commonly used in the treatment of Attention Deficit Hyperactivity Disorder (ADHD; formerly ADD). While these medications can have a meaningful impact on individuals who have been diagnosed with ADHD, without extensive assessment and appropriate medical oversight, stimulant medications can lead to dependency, psychosis, and other serious cardiovascular side effects. In recent years, the recreational or un-prescribed use of ADHD medications by college students has increased considerably.

Required Documentation:

In order for a provider at the student health center to prescribe stimulant medication to a student with a current treatment plan which includes stimulants for ADHD symptoms, a student must provide records confirming that they have been evaluated for and diagnosed with ADHD/ADD. The records must reflect a diagnosis based on recent (not more than 2 years old) psychological, neuropsychological, or psychoeducational testing, with instruments, methods, and results specified. These records will be reviewed by a counseling center psychologist and must document the formal diagnosis meeting DSM-IV-TR (DSM-V) criteria by an appropriately credentialed psychologist or physician. Specifically, students must meet the DSM-IV-TR or DSM-V diagnostic criteria of the American Psychiatric Association.

Without such comprehensive evaluation, it is the policy of the student health center not to provide a prescription for stimulant medication.

Students that do not have current documentation and would like to be evaluated for ADHD should contact the counseling center information regarding scheduling appropriate comprehensive testing through private practitioners in the community.