Come to the GSRC!

The Gender and Sexuality Resource Center (GSRC), located on the second floor of the Hunt Union, provides a safe space for people of all genders, sexualities, and creeds to relax in. Open five days a week, the center has a TV, fridge, a mini library, and periodicals section full of information on the LGBTQ community. The center offers information on LGBTQ issues, women’s issues, and information about sex. Come hang out, get some homework done, get some of those questions answered, or just come in to talk.

We’re here for you!

The GSRC also sponsors numerous activities on campus like Action Hero, Dialogue Sessions, and Safe Space.

The month of April has been designated Sexual Assault Awareness Month (SAAM) in the United States. The goal of SAAM is to raise public awareness about sexual violence and to educate communities and individuals on how to prevent sexual violence.

The 2013 National Sexual Assault Awareness Month (SAAM) campaign focuses on healthy sexuality and its connection to child sexual abuse prevention.

This April, join the conversation. Start talking about healthy childhood development to prevent child sexual abuse.

Start a Conversation

Sexual Assault Awareness Month

Clubs

GSA
Wednesdays
8:30- 10:00 PM
Butternut Valley Room

GEARS
Tuesdays
6:00-7:00 PM
Susquehanna Room
How to Be Supportive

BELIEVE THEM
Believe unconditionally

It is not your role to question whether or not they were sexually assaulted

NEVER BLAME
Say clearly and with care, “It was not your fault.”

ALLOW THEM TO REACT
Don’t ask a lot of probing questions

Allow them to react in a way that feels right for them

DO NOT RESPOND VIOLENTLY
You must remain calm

Do not react aggressively

Do not threaten to hurt the perpetrator

LISTEN
Offer to listen to them

Let them know you are there if they need it

LET THEM BE IN CONTROL
Be encouraging, not controlling

They decide what they want to do next,

Information taken from Onestudent.org “Supporting Survivors: How to Help a Friend”

Resources

If You Have Been the Victim of Sexual Assault
1. Go to a safe place
2. Seek medical attention right away
3. Seek support from friends and family or counselors

Off Campus Violence Intervention Program
(432-4855)
A hotline worker will provide choices including:
   Seeking medical attention
   Reporting the crime
   Finding a safe place to spend the night

SUNY Oneonta Counseling Center
(436-3368)

Visit the Health and Wellness Center for more Information at:
http://www.oneonta.edu/development/wellness/PAIRS.asp

You Should Know

• Over 80% of rapes are committed by people the victim knows
• One of every 6 American women has been the victim of an attempted or completed rape.
• One of every 25 college men have experienced unwanted sexual activity.
• 54% of sexual assaults are not reported
• 97% of rapists will never spend a day in jail
• There is an average of 207,754 victims (age 12 or older) of rape and sexual assault each year.

http://www.rainn.org/statistics
Information taken from Health and Wellness PAIRS program website