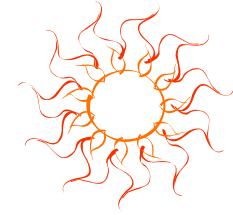
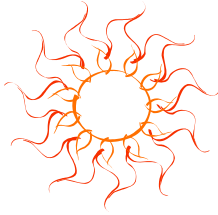


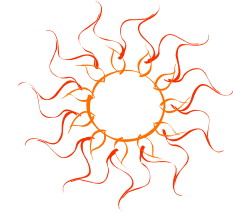
Week 1 MENU PLAN



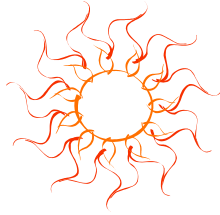
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Kix Peaches Milk	Apple/Cinnamon Muffin Pears Milk	Bagel with Cream Cheese, Jelly or Butter Orange Juice Milk	Scrambled Eggs Whole Wheat Toast Applesauce Milk	Cheerios Banana Milk
Lunch	Grilled or Cold Ham/Cheese Sandwich on Whole Wheat Bread Mandarin Oranges Peas Milk	Hamburger Roll Green Beans Fruit Cocktail Milk	Mixed Meat Sub with Cheese, Lettuce and Tomato Peaches Milk	Mac and Tuna Salad with Shredded Carrots Corn Pears Milk	Chicken Nuggets Roll with Butter Crinkle Cut Carrots Tropical Fruit Milk
Snack	Teddy Grahams Cran-Apple Juice	Cheese Cubes Assorted Crackers Grape Juice	Carrots and Celery Sticks with Dip Wheat Crackers Ice Water	Lorna Doone Milk	Juice Popsicles Graham Crackers Ice Water



Week 2 MENU PLAN

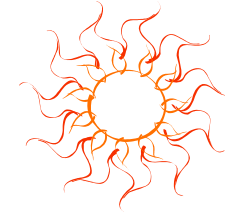


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Special K Orange Juice Milk	Blueberry Muffin Peaches Milk	Cinnamon Raisin Bread Cream Cheese or Butter Pears Milk	Pancakes with Syrup or Strawberries Milk	English Muffin Raspberry Jelly Banana Milk
Lunch	Hot Meatball Sub Peas Pears Milk	Cheese Tortellini Salad with Ham 5 way vegetable mix Pineapple Milk	Teriyaki Chicken Biscuits Green Beans Mandarin Oranges Milk	Hot Dog with Roll Broccoli Salad Tropical Fruit Milk	Beans and Rice Corn Applesauce Milk
Snack	Chex Mix Cran-Apple Juice	Apples Graham Crackers Ice Water	Animal Crackers Apple Juice	Grape Tomatoes Cucumbers Ranch Dip Club Cracker Ice Water	Cheese Ritz Bits Grape Juice

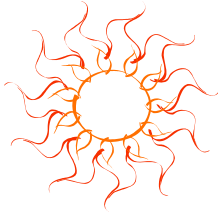


Week 3

MENU PLAN

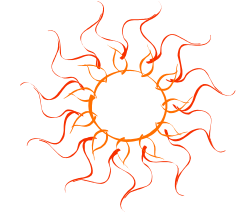


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Life Cereal Peaches and Strawberries Milk	Granola Yogurt Apple Grape Juice Milk	Orange Cranberry Muffins Peaches Milk	Crispix Cereal Fresh Orange Wedges Milk	French Toast with Syrup Apple Juice Milk
Lunch	Ham and Cheese Tortilla Roll-Up Raw Carrots Watermelon Milk	Chicken Salad with Roll and Butter Corn Mandarin Salad Milk	Soft Taco with Ground Turkey, Cheese, Lettuce and Diced Tomatoes Pears Milk	Cheese Pizza Tossed Salad with Lettuce, Tomatoes, Cucumbers Grapes Milk	Baked Haddock Peas/Carrots Watermelon Milk
Snack	Ritz Crackers Cranberry Juice	Goldfish Crackers Cherry Juicy Juice	Apples Wheat Crackers Ice Water	Sugar Cookie Milk	Broccoli Cauliflower Ranch Dip Saltine Crackers Ice Water



Week 4

MENU PLAN



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	<p>Corn Flakes</p> <p>Bananas</p> <p>Milk</p>	<p>Pancakes with Syrup</p> <p>Applesauce</p> <p>Milk</p>	<p>English Muffin with Strawberry Jelly</p> <p>Mandarin Oranges</p> <p>Milk</p>	<p>Corn Muffin</p> <p>Pears</p> <p>Milk</p>	<p>Rice Chex</p> <p>Banana</p> <p>Milk</p>
Lunch	<p>Tuna Sandwich</p> <p>Peas</p> <p>Fruit Cocktail</p> <p>Milk</p>	<p>Sloppy Joe with Roll</p> <p>Corn</p> <p>Peaches</p> <p>Milk</p>	<p>Cheese Ravioli</p> <p>Tossed Salad</p> <p>Pineapple</p> <p>Milk</p>	<p>Turkey Sandwich on Whole Wheat Bread</p> <p>Fruit Cocktail</p> <p>Green Beans</p> <p>Milk</p>	<p>Shredded BBQ Chicken on a Bun</p> <p>California Mix Vegetables</p> <p>Blueberries</p> <p>Milk</p>
Snack	<p>Juice Bars</p> <p>Vanilla Wafers</p> <p>Ice Water</p>	<p>Strawberry Yogurt</p> <p>Graham Crackers</p> <p>Ice Water</p>	<p>Watermelon</p> <p>Saltine Crackers</p> <p>Ice Water</p>	<p>Trail Mix (Raisins, Cheerios, Banana Chips, Sunflower Seeds)</p> <p>Cran/Grape Juice</p>	<p>Lorna Doones</p> <p>Milk</p>