



Intercollegiate Athletics
Alumni Field House
State University of New York
Oneonta, New York 13820-4015

Date: May 26, 2009
To: All prospective SUNY Oneonta Student-Athletes
From: Danielle Lee, Head Athletic Trainer
Subject: Medical Clearance to Participate in Intercollegiate Athletics
For the 2009-2010 Academic Year

I hope you are having a relaxing summer! This letter has been sent to help you prepare for the 2009-10 athletic season at Oneonta State. The following information is very important, as **you will not be allowed to participate until all of the necessary procedures and forms are completed.**

All forms can be found on our website at www.oneonta.edu/academics/athletics/. On our website, **scroll over Student Athletes**, then **Student Athlete Eligibility**, then **Medical Forms** to download and print all necessary forms.

Please complete all forms and return them **no later than August 1, 2009.**

I. **Freshman/Transfer Health Reports:**

Every freshman or transfer student-athlete must have a Student Health Report on file at the SUNY-Oneonta Health & Wellness Center. The Health Report Form must be completed by the student-athlete's family physician and must include an up-to-date record of immunizations (all returning student-athletes should already have this form on file from last year and if so, do not need to repeat this step). **Please send your completed Student Health Report Form to:**

**SUNY Oneonta Health & Wellness Center
Ravine Parkway
Oneonta, NY 13820**

II. **Athletic Physicals:**

In addition to the Health Report on file at the Health Center, all student-athletes must have a yearly physical examination, performed by their family physician, in order to participate in intercollegiate athletics. **As per NCAA rules, the physical must be completed in the six months prior to the student-athlete's initial participation in athletics in the 2009-2010 academic year.** Freshmen and transfer student-athletes should have this exam performed **in conjunction** with the completion of the Student Health Report Form and only need to have their physician indicate this on the health report form in the box labeled:

Clearance for physical activity: NCAA Athletics Yes No

All returning student-athletes need a written statement from a physician stating that the student-athlete is physically fit to participate in intercollegiate athletics. The statement can be written on a physician's prescription pad or on a medical form from the physician. Each form should be dated and signed by the examining physician. **Please send your completed physical examination statement to:**

**Danielle Lee, Head Athletic Trainer
SUNY Oneonta
Alumni Field House, Room 117
Oneonta, NY 13820**

III. ADHD Medication Exemption Information Form:

The NCAA has passed new legislation that is in effect for the 2009-2010 academic year. ALL student-athletes who take medication to treat ADHD or ADD must have their physician complete the ADHD Medication Exemption Form. **The Form should be brought to your physician when you are receiving your athletics physical examination, and should be sent to the above address with your physical examination statement.**

IV. Medical Insurance Forms:

Please note that **all SUNY Oneonta student-athletes must provide evidence of insurance that includes coverage for athletically related injuries.** This is a pre-requisite for practice *and* competition. No student will be allowed to participate in any way until such evidence of current insurance coverage is on file with the SUNY Oneonta Athletic Department. **The Emergency Contact & Insurance Information Form, Acknowledgement of Insurance Requirements form and a photocopy of both sides of your insurance card must be on file before a student can participate.**

A secondary athletic insurance policy with a **\$1,500.00 deductible** is provided by the Athletic Department. This policy does not apply to recreational or intramural participants. The initial costs of an injury are the primary responsibility of the student-athlete, either to be covered by a primary insurance policy or by the student-athlete's own financial resources. Once costs of \$1,500.00 have been met, remaining costs may be referred to the Athletic Department's secondary insurance policy. The student-athlete and the parent(s) or guardian(s) must comply with the guidelines and requirements of this policy (attached). The student-athlete is responsible for filing all claims in writing within 90 days of the accident. Failure to do so will result in the student-athlete and/or parent(s) or guardian(s) assuming full responsibility for all costs.

The maximum benefit of the secondary athletic insurance policy is \$75,000.00 per injury. The NCAA's Catastrophic Injury Insurance Program covers student-athletes who are catastrophically injured while participating in a covered intercollegiate athletic activity (subject to all policy terms and conditions). The policy has a \$75,000.00 deductible. *In the event of a catastrophic injury, costs beyond the \$75,000.00 covered by the secondary athletic department insurance policy will be covered by the NCAA Catastrophic Injury Insurance Program..* This coverage does not qualify as the basic coverage required for participation in athletics at SUNY Oneonta. It is supplemental coverage in the event of a catastrophic injury. More information on this program can be found on the NCAA's web-site at www.ncaa.org.

Send completed medical insurance forms to:

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